

# JULY 2024

# MUSCLE SHOALS LIVING CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>JULY IS NATIONAL <b>Ice Cream Month!</b></p> 	<p><b>1</b> 9:30 BINGO 10:00 Exercise 11:30 Health Talk with Janet 'Social Wellness'</p>	<p><b>2</b> 9:30 BINGO 10:00 Exercise 12:00 Wilson Dam Lock Tour</p> 	<p><b>3</b> 9:30 BINGO 10:00 Exercise <b>11:30 4<sup>th</sup> of July Bingo</b> 12:00 Ceramics Class</p> 	<p><b>4</b></p> <div style="border: 2px solid blue; padding: 5px; text-align: center;"> <p><b>Closed</b> FOR THE <b>4th OF JULY</b></p> </div>	<p><b>5</b> 9:30 BINGO 10:00 Cornhole &amp; Horseshoes 11:30 <b>July 4<sup>th</sup> Cookout!</b> Homemade Ice Cream!!</p> 	<p><b>6</b> Our 8<sup>th</sup> Annual Christmas Tree Fundraiser starts this month!</p> 
<p><b>7</b></p>	<p><b>8</b> 9:30 BINGO 10:00 Exercise <b>11:45 Red, White &amp; Blue Social</b></p> 	<p><b>9</b> 9:30 BINGO 10:00 Exercise 11:30 BINGO with <b>Gentiva Hospice</b></p> 	<p><b>10</b> 9:30 BINGO 10:00 Exercise 12:00 Ceramics Class</p> 	<p><b>11</b> 9:30 BINGO 10:00 Exercise 10:30 CornHole! <b>11:45 BINGO</b> with Brooke <b>Mitchell Hollingsworth</b></p> 	<p><b>12</b> 9:30 BINGO 10:00 Penny Auction w/ Amy Bradford <b>Genesis Healthcare</b></p> 	<p><b>13</b> <b>12:00</b> <b>THURSDAYS are CERAMIC FUNDRAISER WORKDAYS!</b></p>
<p><b>14</b></p> <div style="border: 2px solid red; border-radius: 50%; padding: 10px; text-align: center;"> <p>Happy Anniversary July 16 to Diane &amp; Eddie Peeples!</p> </div>	<p><b>15</b> 9:30 BINGO 10:00 Exercise <b>11:45 Birthday Ice Cream Social</b></p> 	<p><b>16</b> 9:30 BINGO 10:00 Exercise 11:30 BINGO with Elizabeth <b>Visiting Angels</b></p> 	<p><b>17</b> 9:30 BINGO 10:00 Exercise 11:30 Penny Auction &amp; Health Talk w/ Ericka - <b>Columbia Cottage</b> 12:00 Ceramics Class</p> 	<p><b>18</b> 9:30 BINGO 10:00 Exercise 10:30 CornHole! <b>Dinner Out at Newbern's LEAVE at 4:30</b></p>	<p><b>19</b> 9:30 BINGO 10:00 Coffee &amp; Donuts 10:15 Sweet Home Alabama! <b>All About Our State</b></p> 	<p><b>20</b></p> 
<p><b>21</b></p>  <p><b>W.C. HANDY Music Festival! July 19 ~ 28</b></p>	<p><b>22</b> 9:30 BINGO 10:00 Exercise 11:15 Elaine Softley, <b>Nutritionist</b> <b>11:45 Ice Cream Floats</b></p> 	<p><b>23</b> 9:30 BINGO 10:00 Exercise 11:30 Olympics Bingo</p>  	<p><b>24</b> 9:30 BINGO 10:00 Exercise 12:00 Ceramics Class</p> 	<p><b>25</b> 9:30 BINGO 10:00 Exercise 10:30 CornHole! <b>11:30 Medicare Spotlight w/ Amanda Elledge</b></p>	<p><b>26</b> 9:30 BINGO 10:00 Blood Pressure Checks w/ Mallory <b>SouthernCare New Beacon Hospice</b></p>	<p><b>27</b></p> 
<p><b>28</b></p>	<p><b>29</b> 9:30 BINGO 10:00 Exercise 11:30 <b>Ala. Institute for Deaf &amp; Blind What's New This Year?</b></p> 	<p><b>30</b> 9:30 BINGO 10:00 Exercise <b>11:30 Ice Cream Treats for Ice Cream Month</b></p> 	<p><b>31</b> 9:30 BINGO 10:00 Exercise <b>11:30 AUGUST Calendar Review</b> 12:00 Ceramics Class</p> 	<p><b>HAPPY BIRTHDAY in JULY to:</b></p> <p>Betty Jackson – 6<sup>th</sup> Clarice Shrewsbury- 8<sup>th</sup> Rickey Streetman- 9<sup>th</sup> Danny Borden- 14<sup>th</sup> Charlotte Tillery- 15<sup>th</sup> Charlotte Washington- 15<sup>th</sup> Paul Liles- 22<sup>nd</sup> Ivy Byrd- 25<sup>th</sup> Patsy Weems- 28<sup>th</sup> Jo-Ann Long- 29<sup>th</sup> Pat Berry-31</p>  		

